

Goal Blueprint

Create A Life You Love

Tip: Print out a different blueprint page for each area of life to later be combined into your calendar to bring your dreams out of your head and into your schedule

I want to...

Who I will become and/or how will I better myself or the world by accomplishing this... (my "why" or the purpose of this goal or journey)

What I need...

What I have...

What I will need to learn...

Because I will never let fear stop me from asking for help, who or what can help me?

What challenges will I face, what will I have to overcome?

(habits to be broken, who or what will I have to break away from?)

When will I do it (just think about it we will schedule in calendars to follow)...

What is my progress deadline...

