

A Horse Girl

...is the woman inside us who purposefully puts the extra in ordinary life & horsemanship to become an **extraordinary** equestrian.

...has the boss mare mindset to **never compromise** who she is or what she stands for. She is grounded and unwavering. Present. **She follows her heart**, letting her love and passion for horses direct her choices.

...**puts her horse first**, over any competition or training method. She loves to win, but not at the expense of her horse's well being. She is her horse's coach and guide, never a dictator, always giving her horse a voice and a choice. She is a horse listener

...**does small things with great love**, striving for progress not perfection. She puts her emphasis on the journey.

...projects **strength, confidence, and an unbreakable trust in herself, her horse & her faith**. She uses naysayers and the voice of doubt to push her forward. Any fear that creeps in she quickly pushes aside.

...**believes** problems are meant to be solved, accepting that at times the trail may get rough. She has endless courage to hold her ground no matter what obstacles she faces.

...is always **humble and kind**, letting her actions speak for her. She is loving and patient, but firm & clear in her boundaries. She takes care of herself in order to take care of others.

...knows there is no such thing as losing, she either wins or she learns. She is **courageous** and tries new things. She **learns** from mistakes. She is **accepting** of things she cannot change and takes action on things she can change. She **does her best each day**, and she knows that she is enough.

... is **the type of leader that others want to follow**. She is a loyal and empathetic friend, **ready to lend a hand** or be a listening ear. She knows the power of a positive mindset, and she **spreads positive energy and encouragement everywhere she goes**.

... has a clear vision and a plan, she takes action to take control of her life with consistent, **unshakable commitment to her purpose**.

A Horse Girl and her horse shine & spread that shine everywhere they go.

She loves big, lives big, gives big, believes big,
as she dreams & rides fearlessly.

HORSEGIRLS.com
Changing the world for horses & the women who love them