

# A Horse Girl

...is the woman inside us who purposefully puts the *extra* in ordinary life & horsemanship to become an **extraordinary** equestrian.

...has the boss mare mindset to **never compromise** who she is or what she stands for. She is **grounded and unwavering. Present.**  
Living in her **truest, best self.**

...**does small things with great love**, striving for progress not perfection.

...projects **strength**, and **confidence, unbreakable trust** in herself, her horse & her faith. Any fear that creeps in she quickly pushes aside.

...**believes** problems are meant to be solved

...**takes care of herself** in order to take care of others.

... has **courage** to hold her ground no matter what obstacles come at her. She is **loving, patient, but firm & clear** in her boundaries.

...**puts her horse first**, over any competition or training method. She loves to win, but not at the expense of her horse's well being.

...knows there is no such thing as losing, **she either wins or she learns**

...is **her horse's coach & guide**, never a dictator, always giving her horse a voice and a choice

... is more of a **horse listener** than horse whisperer

... is the type of leader that others want to follow. **Empowering** her horse & others to be at their best also.

... has a **clear vision and a plan**, she takes action to take control of her life with **consistent, unshakable commitment** to her purpose.

...uses naysayers and the voice of doubt to push her forward.

A Horse Girl and her horse **shine & spread that shine everywhere they go.**

She loves big, lives big, gives big, believes big,  
as she dreams & rides **fearlessly.**

**HorseGirl.me**  
Dream & Ride Fearlessly

